



This month, Emily Alvarado (Texas Rush, #12 pictured) hopes to achieve a very rare feat... Playing in two World Cups in the same year. It is only 4 months since Emily starred in Mexico U17s journey to the World Cup Quarter Finals in Costa Rica. Emily is now a member of the U20 Mexican National Team that has travelled to Canada for the FIFA U20 Women's World Cup. At just 16 years of age, she is the youngest player on the roster and one of the youngest players to attend a U20 World Cup.

[You can follow Emily's story here.](#)